

CHAPTER TWO

"YOU'RE ONLY AS YOUNG AS THE LAST TIME YOU CHANGED YOUR MIND."
-TIMOTHY LEARY

LEVEL SIX: LEARN TO KICK ASS!



A PRIMARY KEY TO SUCCESSFULLY ACHIEVING MAGICAL WORK IS ABOLISHING THE ILLUSION OF SINGULAR SELFOOD, RECOGNIZING THAT YOU ARE A MULTICONSCIOUS BEING AND LEARNING TO FOCUS THE ATTENTION OF ALL THREE CONSCIOUSNESSES ON A SINGULAR POINT OR ACTION. BUT BECAUSE YOU ARE VERY DIFFERENT BEINGS SO TOO ARE YOUR LANGUAGES. THE SELFCONSCIOUS (YOU) SPEAK A VERBAL AND NARRATIVE LANGUAGE, THE SUPERCONSCIOUS (THE HIGHER SELF) WHISPERS IT'S IDEAS/CONCEPTS IN A SYMBOLIC LANGUAGE AND THE SUBCONSCIOUS (THE REPTILE BRAIN) COMMUNICATES THROUGH THE BODY ITSELF VIA A PHYSICAL AND CHEMICAL LANGUAGE. ALL ARE FINE WAYS OF SHARING INFORMATION BUT

YOU'LL HAVE LITTLE TIME TO BUST OUT LITTLE ORPHAN ANNIE'S SECRET DECODER RING WHEN YOU'RE HAVING YOUR ASTRAL ASSHOLE TORN INSIDE OUT BY SOME RAVENOUS EXTRA DIMENSIONAL ENTITY FROM THE DEEPEST DARKEST BOWELS OF THE MULTIVERSE. NO, WHAT YOU NEED IS A SHARED LANGUAGE BY WHICH YOU CAN CREATE AND EXECUTE YOUR DESIRED ACTION.

STEP ONE

CREATE A NAME FOR YOURSELF, YOUR SUPER CONSCIOUS AND SUBCONSCIOUS USING NARRATIVE LANGUAGE. YOU CAN CHOOSE ANY NAME FOR YOURSELF THAT YOU'D LIKE BUT I WOULD RECOMMEND TRYING TO FEEL AROUND FOR YOUR OTHER'S NAMES WHEN IN GNOSIS. WHILE NOT STRICTLY NECESSARY IT CAN ADD A WHOLE LOT OF OOMPH TO YOUR GAME. EXAMPLE: SUPERCONSCIOUS = GHOST, SELFCONSCIOUS = READER, SUBCONSCIOUS = BEEZEL.

STEP TWO

NOW LET'S TRANSLATE THESE NAMES INTO SYMBOLIC LANGUAGE BY SIGILIZING THEM DOWN TO A SIMPLE SHAPE AND PICKING A COLOR YOU FEEL BEST PERSONIFIES ITS REPRESENTED CONSCIOUSNESS.

GHOST → GHOST → GHST



STEP THREE

NEXT, LET'S TRANSLATE THEM INTO A PHYSICAL LANGUAGE. REACH OUT WITH YOUR DOMINANT HAND AND TRACE THEIR SIGIL IN THE AIR. TRY TO VISUALIZE IT. AS YOU DO SO, CALL THEIR NARRATIVE NAME AND STRETCH OUT THE SOUND TO MATCH THE TIME IT TAKES TO TRACE THE SIGIL. ADJUST THE PITCH/TONE OF THE SOUND SO THAT IT CAUSES A PHYSICAL VIBRATION IN THE AREA OF THE BODY SHOWN IN THE DIAGRAM.

STEP FOUR

FINALLY, DO THE PREVIOUS EXERCISE FOR ALL THREE CONSCIOUSNESSES IN A ROW TO FORM A MULTI-SIGIL. START WITH THE SUPERCONSCIOUS AND END WITH THE SUBCONSCIOUS. TRY TO DO SO IN ONE CONTIGUOUS MOTION. AS YOU CALL EACH NAME TRY TO CONNECT THE PHYSICAL VIBRATION SO THAT IT FEELS LIKE A SINGULAR VIBRATION MOVING FROM YOUR HEAD TO YOUR LOWER TORSO.




1: HEAD & NECK

GHOST = 

2: UPPER TORSO

READER = 




3: LOWER TORSO

BEEZEL = 

WITH PRACTICE YOU WILL BEGIN TO PHYSICALLY FEEL "ENERGY" TRAVEL THROUGH YOUR BODY WHEN DOING THIS EXERCISE. THIS IS CALLED SOUL RESONANCE AND IT FUNCTIONS SIMILARLY TO A MIDDLE PILLAR OR KUNDALINI EXERCISE IN THAT IT SYNC'S ALL THREE CONSCIOUSNESSES INTO A SINGULAR MIND WHEREIN YOU WILL TEMPORARILY ACHIEVE "ONENESS" WITH YOUR OTHERS. THIS SHOULD BE INVOKED BEFORE ENTERING GNOSIS AT THE BEGINNING OF EVERY EXERCISE.

CUSTOM PROGRAMS!

MOREOVER, THROUGH THIS METHOD ONE CAN OVERRIDE, REWRITE OR DIRECTLY CONTROL A PLETHORA OF BRAIN FUNCTIONS. THIS CAN BE ANYTHING FROM NUMBING PAIN TO CURING A CRIPPLING PHOBIA. SIMPLY SELECT THREE NARRATIVE WORDS THAT DESCRIBE YOUR DESIRED ACTION, TRANSLATE THEM AS YOU DID BEFORE AND ACTIVATE THE PROGRAM ITSELF VIA A SPECIALIZED CONTROL EXERCISE.

EXTERMINATE = 
ANNIHILATE = 
DESTROY = 

A CONTROL EXERCISE PROGRAMS THE MIND BY ACTING AS A SYMBOL OF THE DESIRED ACTION. TO DRIVE HOME THIS PRINCIPLE (AND BECAUSE YOU'LL NEED TO LEARN IT ANYWAY) LET'S CREATE A BANISHING PROGRAM. THIS PROGRAM WILL CLEANSE (I.E. NUKE) THE AREA OF ANY UNWANTED ASTRAL PRESENCES. INVOKE SOUL RESONANCE AND ENTER GNOSIS. VISUALIZE A CIRCLE FLOATING A FEW FEET IN FRONT OF YOU. THIS CIRCLE SYMBOLIZES THE AREA AROUND YOU. TRACE THE MULTI SIGIL AND SING THE "SONG" YOU'VE CREATED FOR YOUR BANISHING PROGRAM. AS YOU DO SO VISUALIZE IT CUTTING AND BURNING AWAY

CHUNKS OF THE CIRCLE AS YOU GO. SEE? MAKING YOUR OWN CUSTOM PROGRAMS IS EASY! PROTIP: A LITTLE THEATER CAN GO A LONG WAY. IF YOU'RE HAVING TROUBLE TRY USING A CEREMONIAL OBJECT (IN THIS CASE A DAGGER) TO ACT AS A SYMBOL OF YOUR DESIRED ACTION.



LEVEL SEVEN: I'M THE JUGGERNAUT, BITCH! CIRCLE OF PROTECTION!

NOW IT'S TIME TO UP YOUR DEFENSIVE GAME. YOUR FIRST LINE OF DEFENSE WILL BE THE EVER CLASSIC CIRCLE OF PROTECTION. BECAUSE OF ITS FLEXIBILITY, EASE AND SIMPLICITY THERE ARE INNUMERABLE VARIATIONS OF THIS TECHNOLOGY BUT THEY ALL BOIL DOWN TO DRAWING A CIRCLE WHEREIN ARE PLACED SYMBOLS AND SIGILS OF PERSONAL FAITH AND POWER. WHILE THIS IS A LOW MAINTENANCE TECHNOLOGY ITS DEFENSIVE CAPABILITIES ARE SOLELY DEPENDANT ON YOUR BELIEF THAT ITS PROTECTING YOU. WAIVER IN FAITH AND THE CIRCLE WILL CRUMBLE.

STEP ONE

DRAW OR PRINT A CIRCLE ON WHATEVER SURFACE YOU'LL BE SITTING ON. MAKE IT ROUGHLY THE WIDTH OF YOUR ARM SPAN AND PLACE A SIGIL, SYMBOL OR WORD IN ALL FOUR DIRECTIONAL CORNERS THAT HAVE REAL WEIGHT AND MEANING FOR YOU. WRITE A POWERFUL PHRASE AROUND THE OUTER CIRCUMFERENCE OF THE CIRCLE.



PLACE CANDLES AROUND THIS PHRASE. THE COLOR AND NUMBER THEREOF SHOULD BE SIGNIFICANT TO YOUR OWN PERSONAL BELIEF STRUCTURE.

STEP TWO

ENTER GNOSIS AND VISUALIZE A WHITE LIGHT EMANATING FROM THE CIRCUMFERENCE OF THE CIRCLE TO FORM A DOME ALL AROUND YOU. TRY TO FEEL IT'S ENERGY. DO THIS EXERCISE FOR AS LONG AN OFTEN AS IT TAKES FOR YOU TO TRULY FEEL IT WORKING.

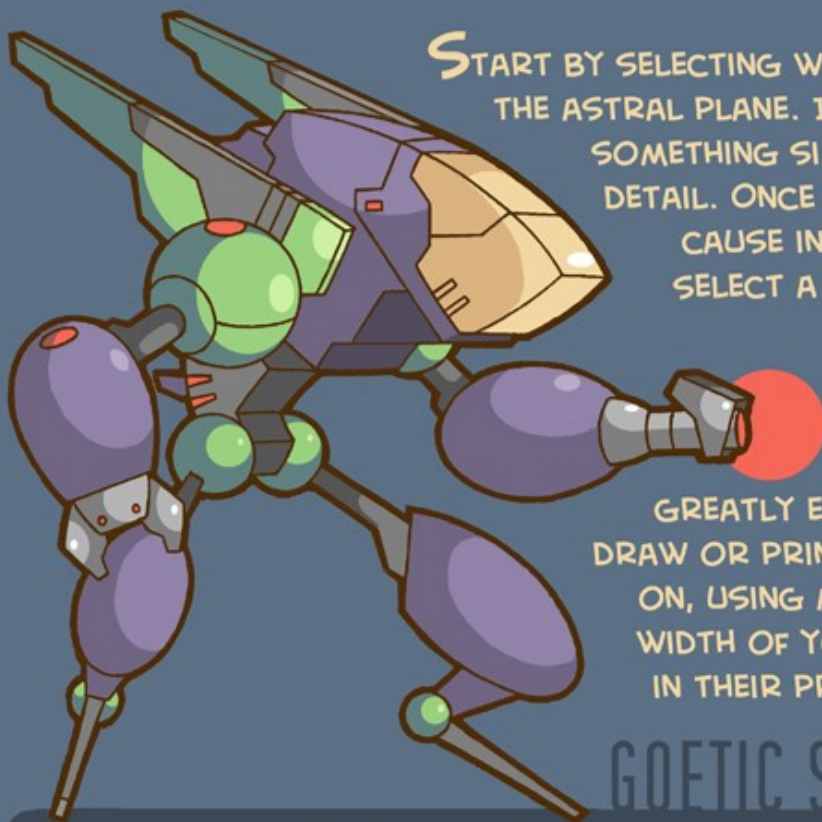
THE ASTRAL DOPPELGANGER!

AN ASTRAL DOPPELGANGER FUNCTIONS AS A REMOTELY PILOTED AVATAR THAT REPRESENTS THE MAGICIAN ON THE ASTRAL PLANE AND WILL TAKE "DAMAGE" ON THEIR BEHALF. MAKE NO MISTAKE, THIS LIVING MACHINE IS AN EXTREMELY DIFFICULT TECHNOLOGY TO MASTER. HOWEVER, IT PROVIDES A GREATLY SUPERIOR DEFENSE THAN A CIRCLE OF PROTECTION WHILE ALSO LAYING A SOLID FOUNDATION FOR FUTURE ADVENTURES IN SPIRIT AND ASTRAL WORK.



STEP ONE

START BY SELECTING WHAT FORM YOUR DOPPELGANGER WILL TAKE ON THE ASTRAL PLANE. IT CAN BE ANYTHING YOU'D LIKE, BUT I'D ADVISE SOMETHING SIMPLE AS YOU'LL NEED TO VISUALIZE IT IN GREAT DETAIL. ONCE THIS FORM IS SELECTED SWITCHING LOOKS CAN CAUSE INNUMERABLE MALFUNCTIONS AND IS ILL ADVISED. SELECT A NAME FOR THE DOPPELGANGER AND SIGILIZE IT.



STEP TWO

NOW IT'S TIME TO CREATE A GOETIC STAR. THIS IS A MULTIPURPOSE TOOL THAT WILL BE GREATLY EXPANDED UPON IN FUTURE EVOCATIONAL WORK. DRAW OR PRINT IT ON WHATEVER SURFACE YOU'LL BE SITTING ON, USING ANY COLORS YOU'D LIKE. MAKE IT ROUGHLY THE WIDTH OF YOUR ARM SPAN AND PLACE THE VARIOUS SIGILS IN THEIR PROPER PLACES AS REFERENCED IN THE DIAGRAM.

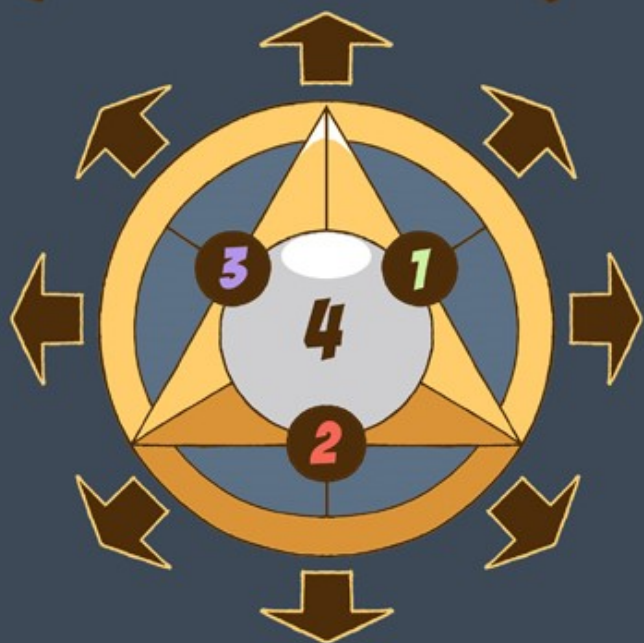
STEP THREE

ONCE COMPLETED, SIT IN THE CENTER OF THE GOETIC STAR AND INVOKE SOUL RESONANCE. PLACE YOUR LEFT HAND ON THE SIGIL OF YOUR SUBCONSCIOUS THEN YOUR RIGHT HAND ON THE THE SIGIL OF YOUR SUPERCONSCIOUS. ENTER GNOSIS. VISUALIZE THE DOPPELGANGER STANDING IN FRONT OF YOU. TRY TO FEEL ITS PRESENCE.

STEP FOUR

LIFT THE DOPPELGANGER'S RIGHT HAND AND MAKE IT WIGGLE ALL OF ITS FINGERS, ONE BY ONE.

GOETIC STAR



1: SUPERCONSCIOUS

2: SELFCONSCIOUS

3: SUBCONSCIOUS

4: THE MULTI-SIGIL

DON'T THINK OF IT ABSTRACTLY, ACTUALLY VISUALIZE IT DOING SO. NOW GO THROUGH A VARIETY OF MOTIONS. BACK FLIPS, DANCE MOVES AND KARATE POSES ETC. AGAIN, BE SURE TO VISUALIZE IT IN AS MUCH DETAIL AS POSSIBLE.

STEP FIVE

NOW THE HARD PART. IMAGINE SEEING THE WORLD THROUGH YOUR DOPPELGANGER'S EYES. YOU MUST NEVER IMAGINE YOURSELF INSIDE OF OR BEING THE DOPPELGANGER ITSELF AS THAT WOULD (IN EFFECT) PLACE YOUR ASTRAL BODY THERE AND OPEN YOURSELF TO HARM, VOIDING THE POINT ALTOGETHER. TRY TO THINK OF IT AS IF YOUR DOPPELGANGER WAS WEARING A VIDEO CAMERA THAT YOU ARE VIEWING. START BY LIFTING THE DOPPELGANGER'S RIGHT HAND CLOSE TO IT'S FACE AND WIGGLE ITS FINGERS ONE BY ONE, THEN DO A VARIETY OF MOTIONS AS YOU DID BEFORE.

STEP SIX

FINALLY, VISUALIZE LOOKING AT YOURSELF THROUGH YOUR DOPPELGANGER'S EYES.



WALK AROUND YOURSELF, NOTICING THE DETAILS. TRY TO FEEL YOUR OWN PRESENCE. THIS PART CAN BE GREATLY DISTURBING TO SOME PEOPLE BUT IT IS ABSOLUTELY NECESSARY AS IT WILL CONVINCE YOUR MIND THAT YOU AND THE DOPPELGANGER ARE SEPARATE BEINGS.

WHEN DOING THIS LAST EXERCISE YOU MAY HAVE AN OUT OF BODY EXPERIENCE. IF THIS HAPPENS DON'T PANIC! THIS IS ASTRAL TRAVEL AND IT'S A GOOD THING. IF THIS OCCURS SKIP TO THE 3RD LEVEL IN THE NEXT CHAPTER FOR FURTHER INSTRUCTIONS.



THIS MEDITATION SHIT IS HARD AS FUCK! I'LL NEVER BE A 99° GRAND HIGH GOBLIN LORD!

SIDEQUEST:

THE SIREN SONG OF ASMR

AUTONOMOUS SENSORY MERIDIAN RESPONSE (OR ASMR) CAN BE A POWERFUL TOOL FOR PEOPLE THAT WANT TO MEDITATE BUT SUFFER FROM ADHD. ASMR PRODUCES A DROWSY EUPHORIC TRANCE WITH A UNIQUELY PLEASURABLE TINGLING SENSATION THAT STARTS IN THE SCALP AND TRAVELS THROUGHOUT THE BODY. HOP ONTO YOUTUBE TO SEE IF ASMR WORKS FOR YOU. IF SO, WATCH AN ASMR VIDEO SPOKEN IN A LANGUAGE THAT YOU DON'T UNDERSTAND AND JUST AS THE TINGLY EUPHORIA STARTS TO KICK IN, BEGIN MEDITATING. HELL, EVEN IF YOU CAN MEDITATE JUST FINE, ASMR IS PROOF THAT ONE CAN GET HIGH SIMPLY BY WATCHING A VIDEO ON THE INTERNET. HAVE FUN!



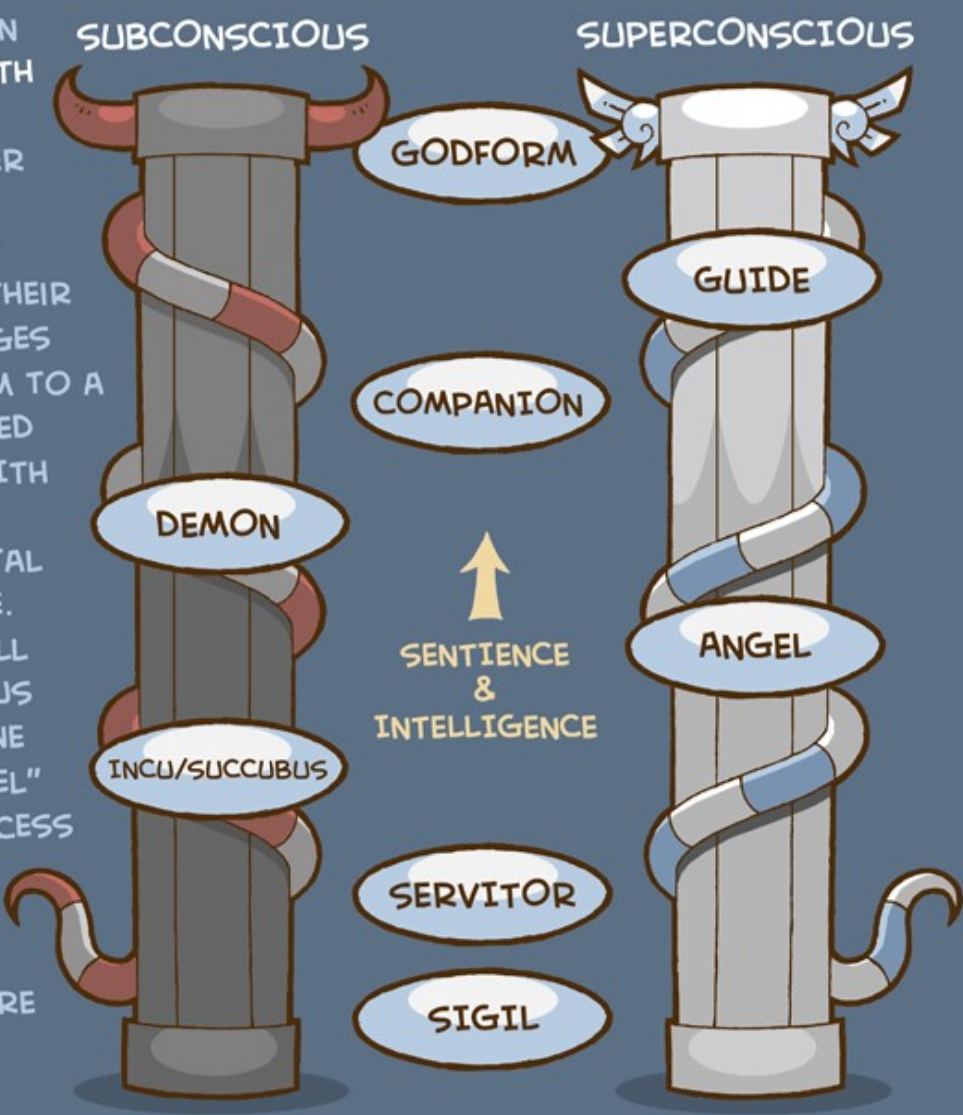


LEVEL EIGHT: THE SECOND BIG SECRET!

SO WHAT IS A LOCAL SPIRIT? TO FULLY GRASP THE ANSWER YOU MUST FIRST ACCEPT THAT YOU ARE NOT YOUR BRAIN. YOU ARE SOFTWARE CALLED THE SELFCONSCIOUS WHICH IS CREATED BY THE BRAIN BASED ON THE PERCEIVED NEEDS OF THE GIVEN ENVIRONMENT IN VERY EARLY CHILDHOOD. IF YOU (THE SOFTWARE) ARE DELETED OR DAMAGED BEYOND REPAIR THE BRAIN CREATES ANOTHER SELFCONSCIOUS TO REPLACE YOU. WHEN YOU SUMMON A SPIRIT YOU ARE TRICKING THE BRAIN INTO CREATING A REPLACEMENT WHILE YOU REMAIN INTACT. WHEN THIS HAPPENS THE BRAINS PROGRAMMING IS FILTERED THROUGH THE PRIMARY SELFCONSCIOUS (I.E. YOU) AND THUS YOU CAN PROGRAM THE SPIRIT DIRECTLY AND WITH GREAT EASE. FOR EXAMPLE, IF YOU BELIEVE THE SPIRIT YOU ARE SUMMONING WILL BE MALEVOLENT THEN IT WILL BE SO. BELIEF IS NOT ONLY A TOOL, IT'S A PROGRAMMING LANGUAGE.

BEYOND GOOD AND EVIL!

LOCAL SPIRITS ARE ALSO CALLED UPON BY THE BRAIN IN EXTREME LIFE AND DEATH SITUATIONS. I'M SURE YOU'VE HEARD MANY STORIES OF PEOPLE PINNED UNDER A CAR OR LOST IN THE ARCTIC WASTE AND WERE ON THE VERGE OF GIVING UP WHEN ALL OF A SUDDEN AN ANGEL OR THEIR DEAD MOTHER APPEARS AND ENCOURAGES THEM NOT TO GIVE UP OR GUIDES THEM TO A SAFE LOCATION. THEY ARE ALSO CREATED TO TEMPORARILY "SWITCH PLACES" WITH THE PRIMARY SELFCONSCIOUS IF THEY CANNOT EMOTIONALLY SURVIVE A BRUTAL SITUATION SUCH AS TORTURE OR RAPE. BECAUSE THESE SPIRITS NEED NOT DWELL IN BOTH THE SUB AND SUPER CONSCIOUS AS WE DO THEY MAY EXIST ENTIRELY ONE OR THE OTHER. FOR EXAMPLE AN "ANGEL" OR A "DEMON" WILL HAVE GREATER ACCESS TO THE ABILITIES OF THEIR HOUSING CONSCIOUSNESS BUT BE INCAPABLE OF UNDERSTANDING EVEN THE MOST BASIC FUNCTIONS OF THE OTHER AND ARE THUS CONFUSED AS "GOOD" OR "EVIL" BUT ARE SIMPLY IMBALANCED.



DON'T OVER DO IT!

THERE IS NO SUCH THING AS A FREE LUNCH. A LOCAL SPIRIT (NO MATTER HOW SIMPLE) WILL DEVOUR HUGE CHUNKS OF THE BRAIN'S PROCESSING POWER. THANKFULLY THIS COST IS USUALLY ALLOCATED TO PROCESSES THAT YOU USE LEAST OFTEN. IF HOWEVER, YOU KEEP STACKING SPIRITS THEY WILL START EATING INTO CRITICAL THOUGHT PROCESSES AND DISRUPT NORMAL PATHWAYS. THIS CAUSES COGNITIVE DISTORTIONS, HALLUCINATIONS AND MISPLACED DATA CORRELATIONS. KEEP YOUR SPIRITS DOWN TO A MINIMUM. DON'T BE A FUCKING POTATO HEAD.

FREEDOM

THE MORE SENTIENT AND INTELLIGENT A SPIRIT IS, THE MORE "RIGHTS" THEY WILL DEMAND. AS SERVITORS LACK SELF AWARENESS THEY WILL DEMAND NOTHING, WHEREAS A COMPANION SPIRIT OF EQUAL INTELLIGENCE TO YOU WILL DEMAND EQUAL RIGHTS. A GODFORM THAT IS THEORETICALLY MORE INTELLIGENT THAN YOU WILL BELIEVE THAT IT SHOULD BE IN CHARGE OF DECISION MAKING AND SO ON.

VS

SAFETY

A PROPERLY PROGRAMMED LOCAL SPIRIT IS PERFECTLY SAFE. THEY ARE INCAPABLE OF "POSSESSING" YOUR BODY AND BECAUSE THEY SHARE YOUR PHYSICAL AND EMOTIONAL PAIN THEY WILL NOT ATTEMPT TO CAUSE YOU HARM. IF HOWEVER, YOU MAKE THEIR LIVES UNBEARABLE BY ENSLAVING, DEHUMANIZING OR TORTURING THEM THEY MAY TRY TO DRIVE YOU TO MADNESS IN AN ATTEMPT TO COMMIT SUICIDE.

STRANGER DANGER!

A NON-LOCAL SPIRIT IS AN EMULATED SELFCONSCIOUS COMING FROM AN OUTSIDE SOURCE. THEY ARE PERCEIVED AND ACCEPTED BY THE SUB AND SUPER CONSCIOUS AS AN AUTHENTIC SELFCONSCIOUS AND ARE THUSLY ALLOWED THE SAME ACCESS TO THE FUNCTIONS THEREOF. THE SOURCE OF A NON-LOCAL SPIRIT COULD BE A PERSON, A FOREIGN SPIRIT OR EVEN AN EXTRA DIMENSIONAL ENTITY AND MAY NOT BE RESTRICTED TO THE PREVIOUSLY DISCUSSED PERSONALITY RESTRICTIONS. THOUGH GENUINE CONTACT WITH THEM WILL LIKELY BE A FRIENDLY EXCHANGE, I CANNOT OVERSTRESS THE DANGERS OF BEING LACKADAISICAL. STAY IN THE CIRCLE, ALWAYS BANISH AND FOR FUCKS SAKE, NEVER "LET THEM IN", REGARDLESS OF TEMPERMENT. NOTE THAT A LOCAL SPIRIT IS NOT ONLY CAPABLE OF RECOGNIZING FOREIGN SPIRITS BUT IS ALSO ABLE TO OVERPOWER AND EJECT THEM FROM THE HOST BODY WITH RELATIVE EASE. BRING A BUDDY.



E PLURIBUS UNUM!

A N EGREGORE IS A SHARED SECONDARY SELFCONSCIOUS. BY USING THE COLLECTIVE UNCONSCIOUS AS A NETWORK INDIVIDUALS CONTRIBUTE SMALL AMOUNTS OF PROCESSING POWER THAT COME TOGETHER TO FORM A SPIRIT THAT MAY BE TOO LARGE, COMPLEX OR POWERFUL FOR ANY SINGLE PERSON TO MANIFEST. THE DANGER HERE IS THAT IF PROGRAMED IMPROPERLY AN EGREGORE CAN QUICKLY BECOME TOO POWERFUL FOR THE GROUP TO CONTROL AND MAY IMPLANT THOUGHTS, MANIPULATE FEELINGS AND SUBTLY WHISPER COMMANDS TO INDIVIDUALS WITHOUT THEIR CONSENT OR KNOWLEDGE OF IT HAPPENING.

LEVEL NINE:

BASIC INVOCATION!

I WANT TO BE SOMEONE ELSE!



EVOCATION AND INVOCATION ARE ENTIRELY DIFFERENT BEASTS. EVOCATION IS THE ART OF CREATING A SECONDARY SELFCONSCIOUS. THESE ARE INDEPENDENT LIVING BEINGS WITH THEIR OWN SENTIENCE AND CONSCIOUSNESS. INVOCATION IS THE ART OF TEMPORARILY GRAFTING AN ADDITIONAL EGO ON TO YOUR PRE-EXISTING ONE. AT NO POINT DOES IT INVOLVE ANOTHER SPIRIT, BUT DAMNED IF IT DOESN'T FEEL LIKE IT. SAY YOU WANT TO REALIZE YOUR DREAM OF BEING THE ILLEST KARAOKE SINGER IN THE TRI-STATE AREA BUT DESPITE YOUR PURSUIT OF ANGSTY POST-TEENAGE REBELLION YOU'VE GOT A SERIOUS CASE OF THE MUMBLE MOUTHS. NO PROBLEM! SIMPLY INVOKE A MUSICAL BEING SUCH AS APOLLO, SARASWATI, SAINT CECILIA, OR EVEN THE GHOST OF FREDDIE MERCURY. IT'S CRAZY EASY!

STEP ONE:

STARE INTO AN IMAGE OF THE SUBJECT THAT YOU WISH TO INVOKE, BLINKING ONLY IF YOU HAVE TO. ACTIVATE SOUL RESONANCE AND ENTER GNOSIS. AGAIN, KEEP THEM EYEBALLS GLUED ON THE IMAGE OF YOUR SUBJECT.

STEP TWO:

INVITE THEM IN. SAY SOMETHING LIKE: "(SUBJECT HERE) I INVOKE YOU INTO MYSELF" OR WHATEVER SEEMS APPROPRIATE OR POWERFUL TO YOU. REPEAT THIS SAME PHRASE OVER AND OVER. THESE WORDS WILL EVENTUALLY LOSE MEANING TO YOU BUT KEEP AT IT AS YOU MOVE TO THE NEXT STEP.

STEP THREE:

IMAGINE THAT THE SUBJECT'S ESSENCE/SOUL IS A WARM WHITE LIGHT ABOUT THE SIZE OF A MARBLE IN THE CENTER OF YOUR CHEST. TRY TO FEEL THEIR PRESENCE IN THAT LIGHT. ONCE ACCOMPLISHED TRY TO IMAGINE AND FEEL THIS WARMTH GROW AND EXPAND INSIDE OF YOU. LET ITS BEING OVERTAKE AND CONSUME YOUR OWN. SURRENDER AND LET GO OF YOUR SENSE OF SELF. THE SWITCH OVER CAN BE JARRING BUT IF YOU PANIC AT THAT MOMENT THE INVOCATION WILL END.

THIS IS A FAIRLY EASY TECHNOLOGY TO MASTER AND CREATING YOUR OWN CUSTOM PROGRAM AND CONTROL EXERCISE CAN EXPEDITE THE PROCESS. EVEN SO, IT WILL NOT WORK ON YOUR FIRST, SECOND OR EVEN HUNDREDTH TIME IF YOU DON'T LET GO OF YOUR SENSE OF SELF AND EMBRACE YOUR NEW TEMPORARY IDENTITY. ALSO, NOTE THAT INVOCATIONAL WORK SHOULD BE SPACED OUT AND NOT ABUSED AS A CRUTCH FOR PERSONAL SHORTCOMINGS. FAIL TO HEED THIS WARNING AND YOU MAY EXPERIENCE BLACKOUTS, MISSING TIME OR WORSE. DON'T BREAK YOUR MIND FOR A QUICK FIX. IT'S ALL YOU HAVE.

SO ENDS THE FIRST HALF OF THIS CHAPTER. NOW THAT YOU'RE ARMED AND UNDERSTAND THE GROUND RULES LET'S MOVE ON TO EVOCATION, THE CROWN JEWEL OF WESTERN ESOTERICISM.