

THE PSYCHONAUT FIELD MANUAL



ARCH-TRAITOR BLUEFLUKE

ILLUMINATION
SHOULD BE
FREE.



INTRODUCTION!

WE ALL HAVE TO START SOMEWHERE. OUTSIDE OF JOINING UP WITH A (POSSIBLY EXPLOITATIVE) GROUP, THE JOURNEY INTO WESTERN ESOTERICISM IS LABYRINTHINE INDEED. FEW LEGITIMATE BOOKS EXIST FOR THE LONE BEGINNER AND FEWER STILL AREN'T SIMPLY REGURGITATING CENTURY OLD TECH WRITTEN IN VERBATIM.



THIS LEAVES THE BEGINNER BOUNCING TO AND FRO, FROM THIS BOOK TO THAT, FEELING FOR A MAP LIKE THE BLIND MEN AND THE ELEPHANT. THIS LITTLE BOOK IS A THEOLOGY FREE MANUAL CONTAINING ALL THE BEST TECH WRITTEN IN PLAIN LANGUAGE UNDER A COHESIVE NARRATIVE. A RARE BEAST IN THIS NECK OF THE WOODS, I ASSURE YOU. ADD A DASH OF YOUR OWN BELIEF SYSTEM, FOLLOW THE STEPS AND ADVANCE OR FALL INTO LAZINESS AND FAIL. THAT'S ALL THERE IS TO IT.

FEEL FREE TO COPY/SHARE THIS BOOK IF YOU'D LIKE. JUST DON'T TRY TO SELL IT AND WE'RE COOL.

WARNING!

MAGIC IS THE HACKING OF ONE'S OWN MIND. IRREVERSIBLE HALLUCINATIONS, DAMAGE TO THE NERVOUS SYSTEM, OUTRIGHT MADNESS AND EVEN BRICKING YOURSELF ARE ALL VERY REAL DANGERS HERE. THE AUTHOR IS NOT RESPONSIBLE FOR ANY DAMAGE THAT MAY OCCUR BY PRACTICING ANY OF THE TECH IN THIS BOOK AND YOU DO SO AT YOUR OWN RISK. IF SOMETHING GOES WRONG SEE A REAL ASS DOCTOR AND AVOID NEWAGE QUACKERY.



INITIATE



DECKER



EUDAEMON

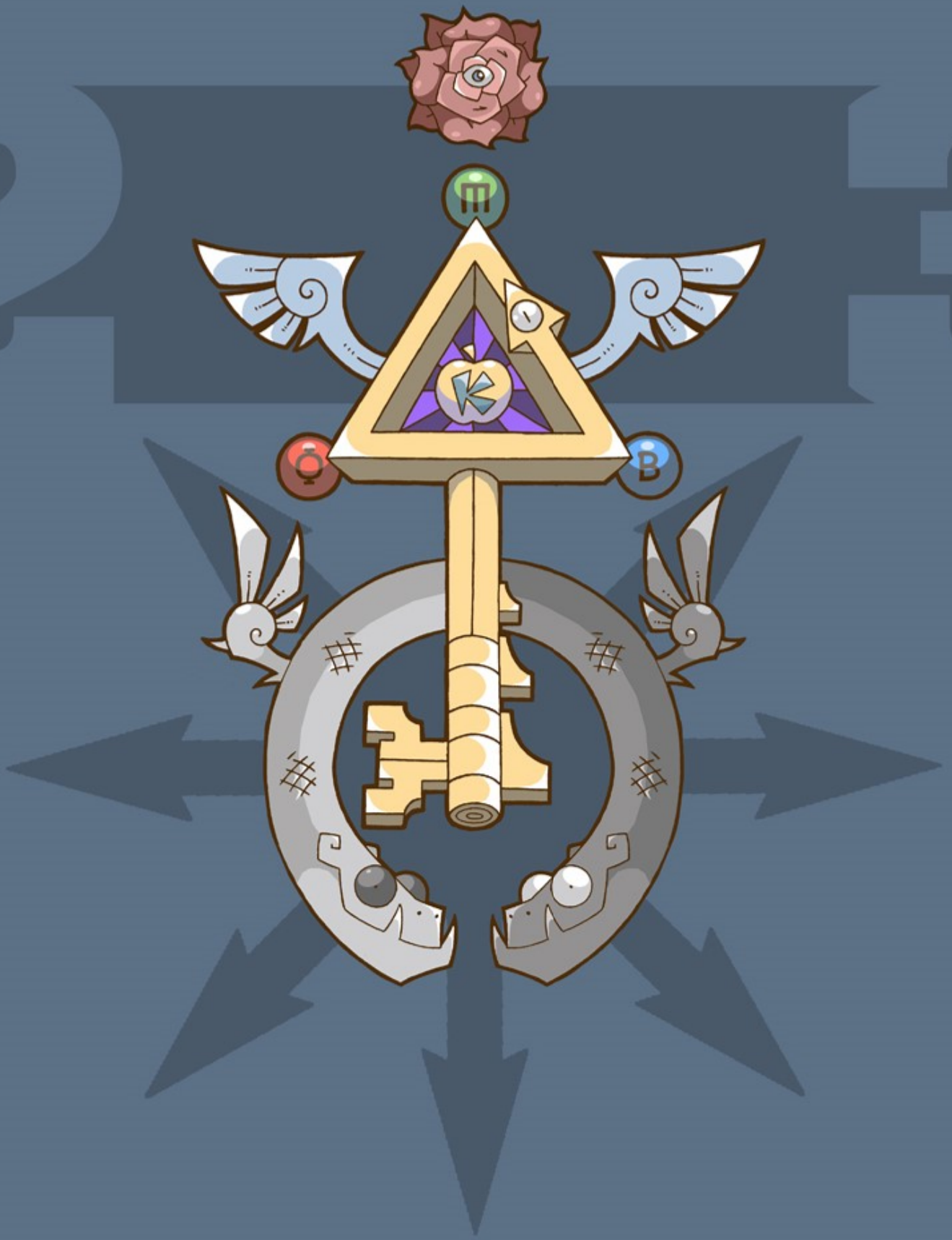


ASTRALNAUT



HIEROPHANT





CHAPTER ONE

"LADIES AND GENTLEMEN, I HAVE SEEN THE ILLUMINATI... AND IT IS US."
-RICHARD METZGER

LEVEL ONE: BELIEF IS A TOOL!

ANY DAMNED FOOL CAN OPERATE ANY OF THE FOLLOWING TECH PROVIDED THEY BELIEVE THAT THEY CAN. BELIEF IS NOT ONLY THE FIRST TOOL YOU'LL MASTER ON YOUR JOURNEY BUT ALSO THE MOST POWERFUL. FAITH MOVES MOUNTAINS AND SHIT. CALL IT IMPOSITION OF THE WILL, CALL IT THE PLACEBO EFFECT, CALL IT THE DESCENT INTO MADNESS. REGARDLESS, MAGIC WORKS.



SEE! NOTHING IS HAPPENING! I KNEW MAGIC WAS BULLSHIT.

VS

HOLY FUCK, THIS IS AWESOME! I KNEW IT WOULD WORK!



TAKE CEREMONIAL MAGIC FOR EXAMPLE. HERE WE HAVE A GROUP OF PEOPLE DRESSING IN SILLY COSTUMES WAVING AROUND DORKY PROPS AND DOING THE ENOCHIAN HOKEY POKEY. THESE ACTS ARE MEANINGLESS IN THEMSELVES AND YET THE THEATER OF THE THING ACTS AS A CRUTCH. SHIT HAPPENS NOT BECAUSE THEY THINK IT WILL, BUT BECAUSE THEY KNOW IT WILL. WHETHER THEY ATTRIBUTE THE OUTCOME TO INNER MASTERY OR SKETCHY METAPHYSICAL HIPPIE SHIT IS IRRELEVANT. IT DOESN'T MATTER WHAT YOU BELIEVE, JUST BELIEVE.

SKELETOR TO MY NORTH!
STARScream TO MY EAST!
BLAMMY SLAMMY ALAKAZAMY,
I'M A FUCKING WIZARD!



SIDEQUEST: LUCID DREAMING

EVER WANTED TO FLY? MAYBE EVEN MOW DOWN PACKS OF UNICYCLE RIDING CYBER WEREWOLVES WITH A SWEET ASS LASER MOUNTED ROBOT ARM? LUCID DREAMING IS A CRAZY EASY HACK!

STEP 1: KEEP AN AUDIO DREAM JOURNAL WITH YOUR SMART PHONE AND INTERPRET WHAT YOUR SUBCONSCIOUS IS TRYING TO TELL YOU (IT WORKS IN SYMBOLS). KEEP IT UP FOR MORE VIVID AND EASILY RECALLED DREAMS.

STEP 2: SET AN ALARM TO GO OFF AFTER FIVE HOURS OF SLEEP. AFTER IT GOES OFF GO BACK TO BED LYING ON YOUR BACK, HANDS DOWN TO YOUR SIDES. TAP YOUR FINGERS VERY LIGHTY AS IF YOU WERE PLAYING A PIANO. DON'T CONCENTRATE ON THEM JUST DO IT MINDLESSLY AS YOU DRIFT BACK TO SLEEP. SEE? EASY AND FUN!



LEVEL TWO:

UNLOCK YOUR MIND!

MASTERING MEDITATION IS ABSOLUTELY NECESSARY FOR ALL FUTURE EXERCISES. MAKE NO MISTAKE, THIS FIRST STEP IS EXTREMELY DIFFICULT AND MOST WILL NEVER MOVE BEYOND THIS POINT. YOUR GOAL HERE IS NOT TO FIND INNER PEACE OR BECOME "ONE WITH EVERYTHING". RATHER, IT'S TO SHUT DOWN ALL AUXILIARY THOUGHT IN ORDER TO FOCUS MOST OF YOUR BRAIN'S PROCESSING POWER ON A SINGULAR POINT OR ACTION. THIS IS CALLED GNOSIS. UNTIL YOU ARE ABLE TO SWITCH TO THIS STATE ON THE FLY I HIGHLY RECOMMEND YOU PRACTICE MEDITATING FOR AT LEAST 10 MINUTES EVERYDAY.

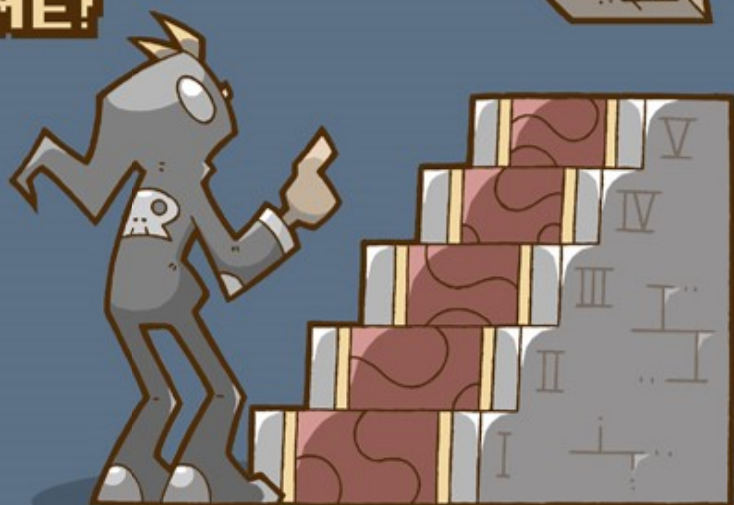
GNOSIS:



STAIRWAY TO AWESOME!

FIND A QUIET PLACE WHERE YOU WON'T BE DISTURBED FOR LONG PERIODS.

FOR EACH OF THESE EXERCISES START WITH 10 MINUTES FOR YOUR FIRST SESSION. NEXT TIME GO FOR 20. ONCE YOU'VE COMPLETED 30 MINUTES HEAD TO THE NEXT STEP.



STEP ONE:

CALM YOUR ASS DOWN!

SIT OR LAY DOWN IN A COMFY POSITION AND ALLOW YOUR MUSCLES TO COMPLETELY RELAX. OUTSIDE OF BREATHING AND BLINKING STAY PERFECTLY STILL. NO SHIFTING! IF YOU GET AN ITCH OR BECOME UNCOMFORTABLE, IGNORE IT. DON'T FALL ASLEEP FOOL!

STEP TWO:

LEARN TO FOCUS!

LIGHT A CANDLE IN A DARK ROOM. STARE AT THE FLAME WHILE REMAINING STILL AS IN THE PREVIOUS EXERCISE. IGNORE THE WEIRD ASS BACKGROUND DISTORTION AND BLINK IF YOU NEED TO.



STEP THREE:

KILL THE NOISE!

DO THE PREVIOUS EXERCISE, ONLY THIS TIME TRY NOT THINKING. NO THOUGHTS, VOICES, MUSIC, IMAGES OR FEELINGS. NOTHING. IF SOMETHING POPS UP, IGNORE IT. THIS SOUNDS EASY RIGHT? FUCK NO. BOTH THE SUBCONSCIOUS AND SUPERCONSCIOUS ARE GOING TO FIGHT YOU TOOTH AND NAIL. THEY WILL TRY TO TRICK, TERRORIZE, EVEN SEDUCE YOU. YOU'RE GOING TO FAIL A LOT AT FIRST. EVERYONE DOES. DON'T GIVE UP LIKE A PUSSY. IF YOU'RE HAVING PROBLEMS TRY LISTENING TO FLAT BINAURAL TONES OR STATE A MEANINGLESS GIBBERISH WORD OVER AND OVER. JUST BE SURE TO WEAN YOURSELF OFF THESE GIMMICKS AND NOT TO USE THEM AS A CRUTCH.

STEP FOUR:

FOCUS ON YOUR BREATH!

NOW REMOVE THE CANDLE FROM THE PREVIOUS EXERCISE. CLOSE YOUR EYES AND CONCENTRATE ALL OF YOUR FOCUS ON YOUR BREATH AS YOU DID WITH THE CANDLE. BREATHE WITH YOUR NOSE IF YOU CAN AS IT WILL GREATLY HELP WITH THE NEXT STEP.



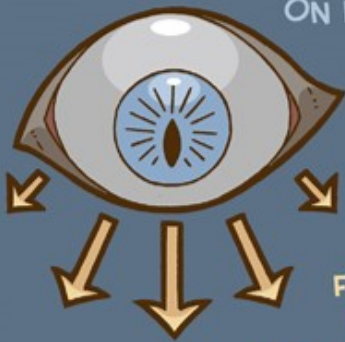
LEVEL THREE:

THE THIRD EYE!

STEP ONE:

OPEN YOUR EYE!

DO THE PREVIOUS EXERCISE, ONLY THIS TIME IMAGINE THAT YOU HAVE A SECOND MOUTH IN THE CENTER OF YOUR FOREHEAD. BREATHE IN AS YOU NORMALLY DO, BUT AS YOU EXHALE IMAGINE THAT YOU ARE BREATHING OUT OF SAID MOUTH. AVOID THE TEMPTATION OF LOOKING UP TOWARD THIS AREA WITH YOUR PHYSICAL EYES. IF YOU'RE HAVING TROUBLE, ON EXHALATION HUM IN A WAY THAT PHYSICALLY VIBRATES THIS AREA.



OVER TIME YOU WILL FEEL A PRESSURE OR TINGLING IN SAID AREA. THIS IS BECAUSE BY INTENSELY CONCENTRATING ON A SPECIFIC PART OF THE BODY YOU CAUSE SLIGHTLY MORE BLOOD TO FLOW THERE. THIS IS MEANT FOR DEALING WITH CUTS AND THE LIKE BUT IN THIS CASE YOU'LL BE CAUSING A MINOR BUT OBSERVABLE OVERCLOCK OF THE 10TH AND 11TH BRODMANN AREAS. MYSTICS CALL THIS THE THIRD EYE, NOT BECAUSE YOU'LL RECEIVE PSYCHIC POWERS AND SHIT, BUT BECAUSE IT ALLOWS YOU TO VISUALIZE IMAGERY WITH INCREDIBLE CLAIRITY WHEN IN GNOSIS AND (WITH MUCH PRACTICE) OVERLAY THESE IMAGES ON TOP OF YOUR NORMAL PHYSICAL VISION IN A WAY THAT MAKES THEM INDISTINGUISHABLE FROM THE REAL THING.

STEP TWO:

VIZUALIZE AND PROJECT!

NOW LET'S FLEX THAT SHINY NEW EYE OF YOURS. CLOSE YOUR EYES AND ENTER GNOSIS. IMAGINE A BRIGHT BLUE CIRCLE, NOT LETTING IT MOVE OR DISTORT FOR AT LEAST 5 MINUTES. ONCE YOU'VE GOT THAT DOWN, STEP IT UP A NOTCH BY ADDING A SQUARE AROUND THAT CIRCLE. TRY KEEPING THIS UP FOR 10 MINUTES. NEXT MAKE IT EVEN MORE COMPLEX BY PUTTING A TRIANGLE AROUND THE SQUARE, THIS TIME FOR 15 MINUTES. FINALLY, DO THE PREVIOUS EXERCISE, ONLY THIS TIME ADD ANOTHER CIRCLE AROUND THE TRIANGLE AND DO SO WITH YOUR EYES OPEN FOR 20 MINUTES. AGAIN, THIS IS 100% REQUIRED TECH FOR FUTURE EXERCISES AND THE MORE YOU PRACTICE IT THE MORE CLEAR AND VIVID YOUR VISUALIZATIONS WILL BECOME.



PROTIP: THIS LAST STEP COULD BE QUITE HELPFUL SHOULD YOU TREAD THE WACKY WORLD OF ALCHEMY.

LEVEL FOUR: RIGHT HAND OF ERIS!

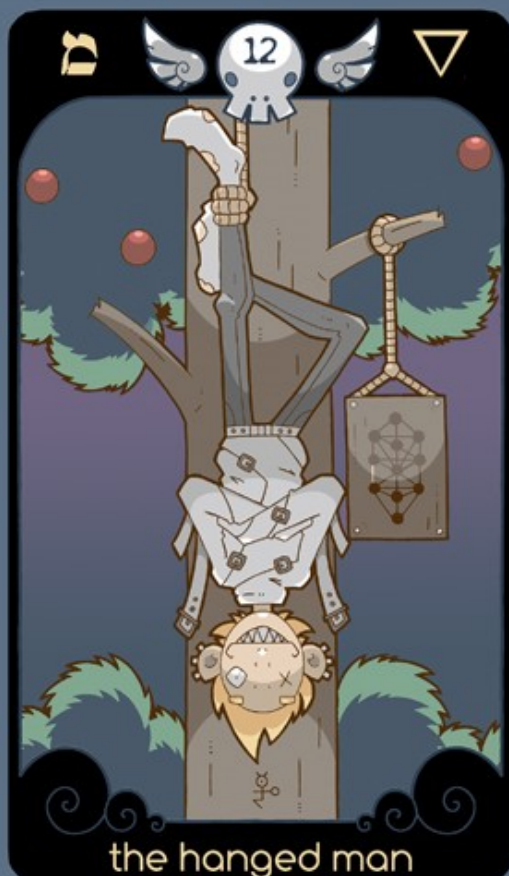
NOW IT'S TIME TO DESIGN, PROGRAM AND EXECUTE A SIMPLE SERVITOR. IF YOU DON'T OWN A TAROT DECK, PICK ONE UP AS THE TAROT SERVES AS A DECRYPTION KEY FOR A GREAT MANY EXERCISES YOU'LL BE WORKING WITH THROUGHOUT THIS LITTLE BOOK. AVOID "GIMMICK" OR ORACLE DECKS AS THEY ARE USELESS IN THIS CAPACITY. NOW THAT YOU HAVE YOUR DECK TAKE A MINUTE TO LOOK AT THE IMAGERY OF THE CARDS. THEN AS YOU SHUFFLE ASK YOUR QUESTION AND LAY THEM FACE DOWN IN THE ORDER LISTED HERE.



- 1 ABOUT YOUR QUESTION
- 2 WHAT MAY HELP YOU
- 3 WHAT MAY HINDER YOU
- 4 POSSIBLE OUTCOME NO.1
- 5 POSSIBLE OUTCOME NO.2

DESIGN!

NOW FLIP OVER THE CARDS IN THE ORDER YOU LAID THEM DOWN. WHEN INTERPRETING THE MEANING OF YOUR SPREAD TAKE INTO ACCOUNT BOTH TRADITIONAL INTERPRETATIONS AS WELL AS YOUR PERSONAL INTUITIVE GUESS WORK. WRITE DOWN OR TAKE A PICTURE OF YOUR CARDS SO THAT YOU CAN VERIFY OR DISCREDIT ITS ACCURACY LATER. FINALLY, CHOOSE YOUR PREFERRED OUTCOME CARD.



PROGRAM!

NOW GRAB A PIECE OF PAPER AND WRITE DOWN CARD NO. 2 (WHAT MAY HELP YOU) AS WELL AS YOUR CHOSEN OUTCOME CARD.

EXAMPLE: LET'S SAY FOR CARD NO.2 YOU DREW THE HANGED MAN AND YOUR CHOSEN OUTCOME CARD WAS THE MAGICIAN.



THE HANGED MAN

THE MAGICIAN

SCRATCH OUT THE VOWELS AND ANY REPEATING LETTERS...

THE HANGED MAN

THE MAGICIAN

...AND TALLY YOUR RESULTS.

THNGDMC

FINALLY, CONNECT THE LETTERS TOGETHER TO FORM A SIGIL. GO BANANAS!



SIMPLIFY THAT BIZNATCH!



MAKE IT LOOK ALL OCCULTY!



EXECUTE!

CLOSE YOUR EYES, ENTER A STATE OF GNOSIS AND VISUALIZE YOUR SIGIL. IMAGINE IT AS A LIVING BEING WHOSE SOLE PURPOSE IS TO CHEERFULLY COMPLETE ITS GIVEN TASK. DO THIS EXERCISE FOR AS LONG AND OFTEN AS YOU CAN FOR AT LEAST A WEEK. WHEN OUT AND ABOUT YOUR DAILY LIFE IMAGINE IT FOLLOWING YOU AROUND, EITHER BEHIND YOU OR JUST OUT OF SIGHT. TRY TO FEEL ITS PRESENCE. FOR SIMPLE SERVITORS IT'S IMPORTANT NEVER TO GET ATTACHED. DON'T ASSIGN A NAME, VOICE OR PERSONALITY TO THEM.

I'M ON IT BOSS MAN!



DELETE!

IT IS VITAL THAT ONCE YOUR SERVITOR HAS COMPLETED ITS TASK THAT YOU DELETE IT. IF YOU FAIL TO DO SO IT WILL GROW, BECOME RESENTFUL AND POSSIBLY TURN ON YOU. DELETION IS SIMPLE. IGNORE IT. SINCE YOUR ATTENTION IS ITS FOOD BY GIVING IT NONE IT STARVES TO DEATH. THIS IS WHY YOU NEVER ASSIGN A PERSONALITY AND SUCH. TO DO OTHERWISE MAY GRANT IT SENTIENCY AND WOULD BE CRUEL TO BOTH THE SERVITOR AND YOU.

THIRD EYE ARTIFACTING:

DON'T LOSE YOUR SHIT!

VISUAL GLITCHES ARE A COMMON SIDE EFFECT OF AWAKENING. YOU MAY EXPERIENCE BRIGHTLY COLORED OR SHADOWY IMAGES AND/OR BEINGS. DISCERNING WHETHER THESE ARE ASTRAL OR HALLUCINOGENIC IS SIMPLE. IF IT'S ASTRAL YOU'LL FEEL A SORT OF PRESENCE. ELSEWISE IT'S JUST MEANINGLESS GIBBERISH. MAKING THESE VISUALS GO AWAY IS EQUALLY SIMPLE. DRINK SOME BOOZE. ALCOHOL WORKS BY SLOWLY SHUTTING DOWN THE BRAIN STARTING WITH HIGHER FUNCTIONS (FOREBRAIN/SUPERCONSCIOUS) AND WORKING ITS WAY DOWN TO LOWER FUNCTIONS (HINDBRAIN/SUBCONSCIOUS), SO A LITTLE BUZZ SHOULD BE ALL THAT IS NEEDED TO SUSPEND ANY AND ALL UNWANTED EXTRACURRICULAR VISUALS. THIS METHOD ALSO DEBUNKS THE WHOLE THIRD EYE = PINEAL GLAND THEORY, AS THE PINEAL GLAND IS A LOWER BRAIN FUNCTION. IT MUST ALSO BE STATED THAT TINNITUS AND SHIVERING ARE FAIRLY COMMON SIDE EFFECTS HERE AS WELL. THEY COME AND GO, BUT THERE IS (TO MY KNOWLEDGE) NO CURE OR WORK AROUND FOR THESE SYMPTOMS.



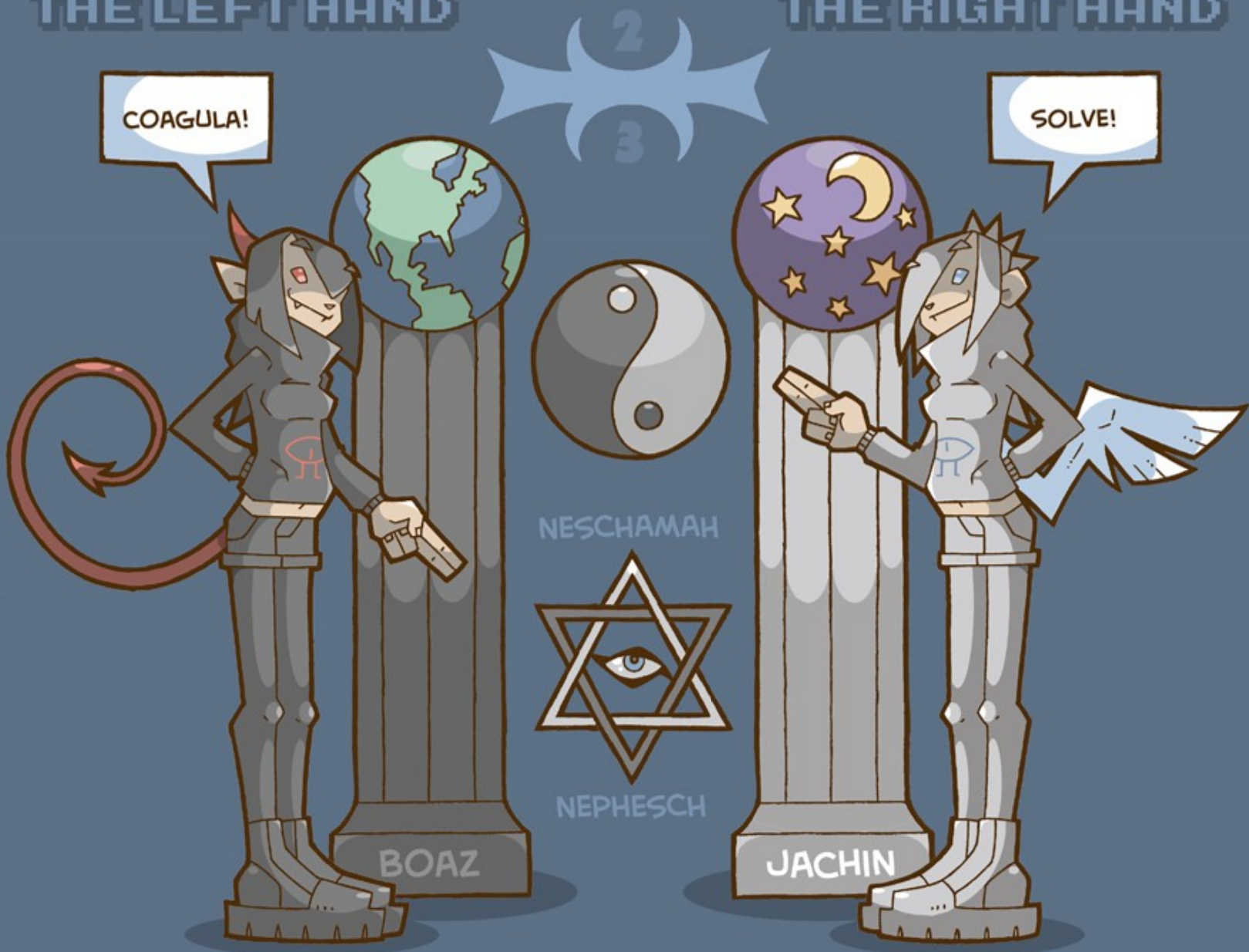


LEVEL FIVE: THE FIRST BIG SECRET!



THE LEFT HAND

THE RIGHT HAND



Now that you have the basics down it's time to dive into the heavy shit. In order for you to do so it's important for you to understand the underpinning of magic itself.

The mind, like the body, is a multi-organism. In future exercises you'll be hacking the three main operating systems of consciousness: above (forebrain/superconscious), below (hindbrain/subconscious) and will (software/selfconscious). While you (the selfconscious) may view the other two as mere sub processors, the truth is that they are separate individual beings with their own unique forms of sentience and language, quietly pulling your strings in the background. Thus consciousness is less like a dictatorship in which you are supreme leader and more like a two party democracy wherein you are the only voter. Let us then observe both parties of the wings thereof.

The subconscious is the oldest O.S., commonly referred to as the reptile brain. It is the realist, the survivalist and the hungry man.

The superconscious is the newest O.S., commonly referred to as the higher self. It is the artist, the moralist and the idea man.

The selfconscious is software, commonly referred to as the soul. It is created/programmed by the former said consciousnesses in very early childhood based on the perceived needs of the given environment.

NOW YOU'RE PLAYING WITH POWER!

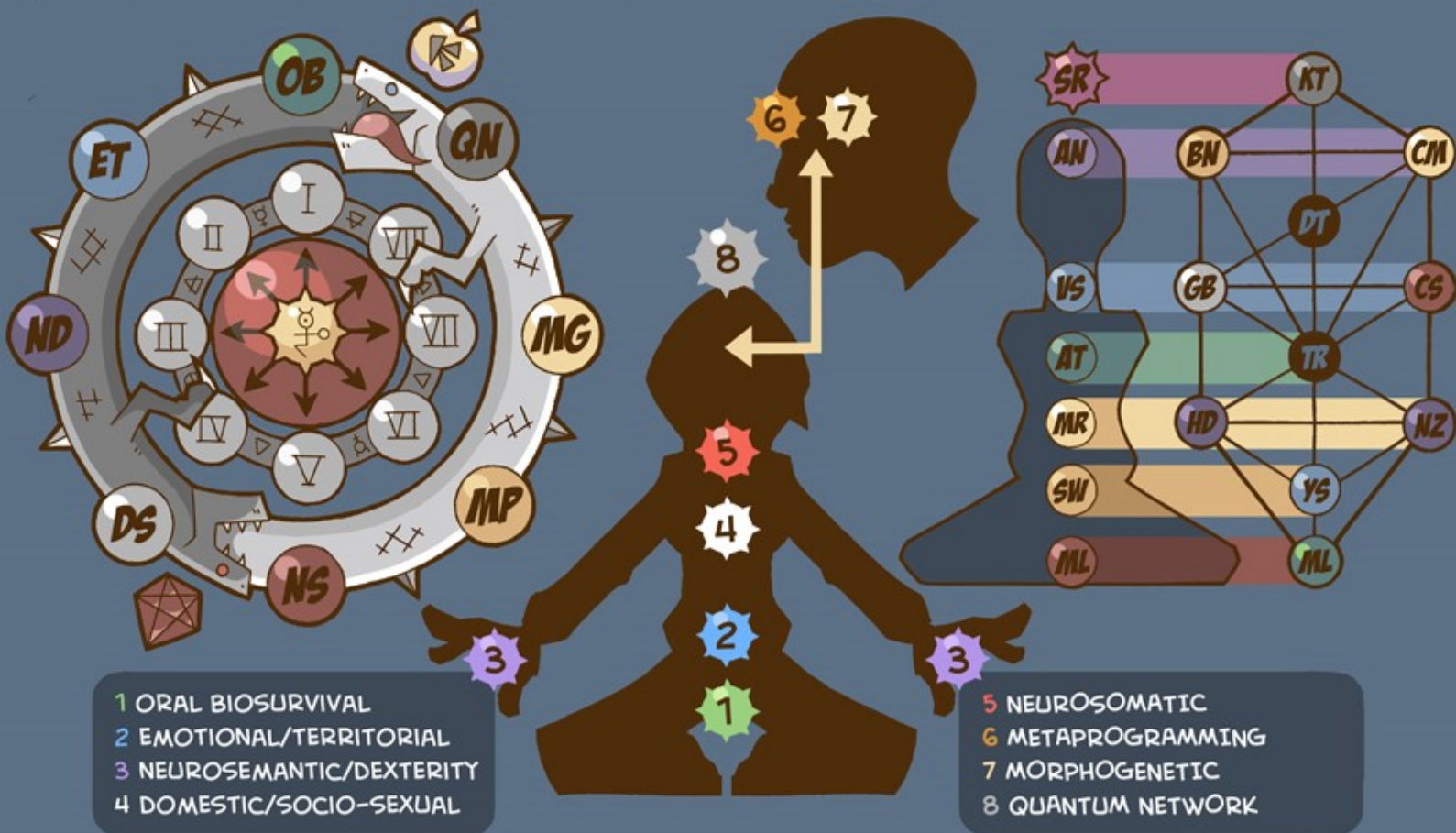
WHEN YOU ACHIEVE GNOSIS YOU ARE PUTTING BOTH THE SUBCONSCIOUS AND SUPERCONSCIOUS INTO A STATE OF SEMI-HYPNOTIC SUBMISSION. IT IS IN THIS STATE THAT YOU ARE ABLE TO EITHER PROGRAM OR TAKE DIRECT CONTROL OVER THEIR FUNCTIONS IF YOU HAVE THE KNOW HOW. THIS IS WHAT MAGIC IS. AND ALTHOUGH THE PROGRAMING LANGUAGES, MAPS AND DEFINITIONS OF CONSCIOUSNESS DIFFER FROM ONE TRADITION TO THE NEXT, THIS PREMISE IS FAIRLY UNIVERSAL. IN AN ATTEMPT TO REMAIN AGNOSTIC (FOR THE SAKE OF THE READER) THE MAP USED IN THIS LITTLE BOOK WILL BE THE EIGHT CIRCUITS OF CONSCIOUSNESS, THOUGH I WOULD ADVISE YOU TO USE WHICH EVER SYSTEM SEEMS SEXIER TO YOU. HERE'S HOW THEY DIFFER:



THE EIGHT CIRCUITS OF CONSCIOUSNESS MAPS THE MIND BY THE EVOLUTIONARY STAGES OF THE BRAIN'S DEVELOPMENT. ILLUMINATION IS ACHIEVED BY EMPATHIZING WITH (I.E. PARADIGM SHIFTING INTO) THESE INDIVIDUAL STAGES WHILE CONCENTRATING ON CORRELATED NERVE CLUSTERS IN THE BODY.

THE KABBALAH MAPS THE MIND BY COMPARING IT TO THE UNIVERSE'S/GOD'S CREATIVE PROCESS. ILLUMINATION IS ACHIEVED BY CONTEMPLATING SYNCHRONISTIC MATHEMATICAL RABBIT HOLES IN CORRELATION TO POINTS IN THE BODY CALLED SEPHIROTH.

THE TANTRIC/YOGA SYSTEM MAPS THE MIND BY "ENERGY" CENTERS CALLED CHAKRAS AND THEIR CORRELATING "AURA" LAYERS. ILLUMINATION IS ACHIEVED BY PEELING AWAY WHAT YOU ARE NOT, THEREBY REVEALING YOUR TRUE SELF.

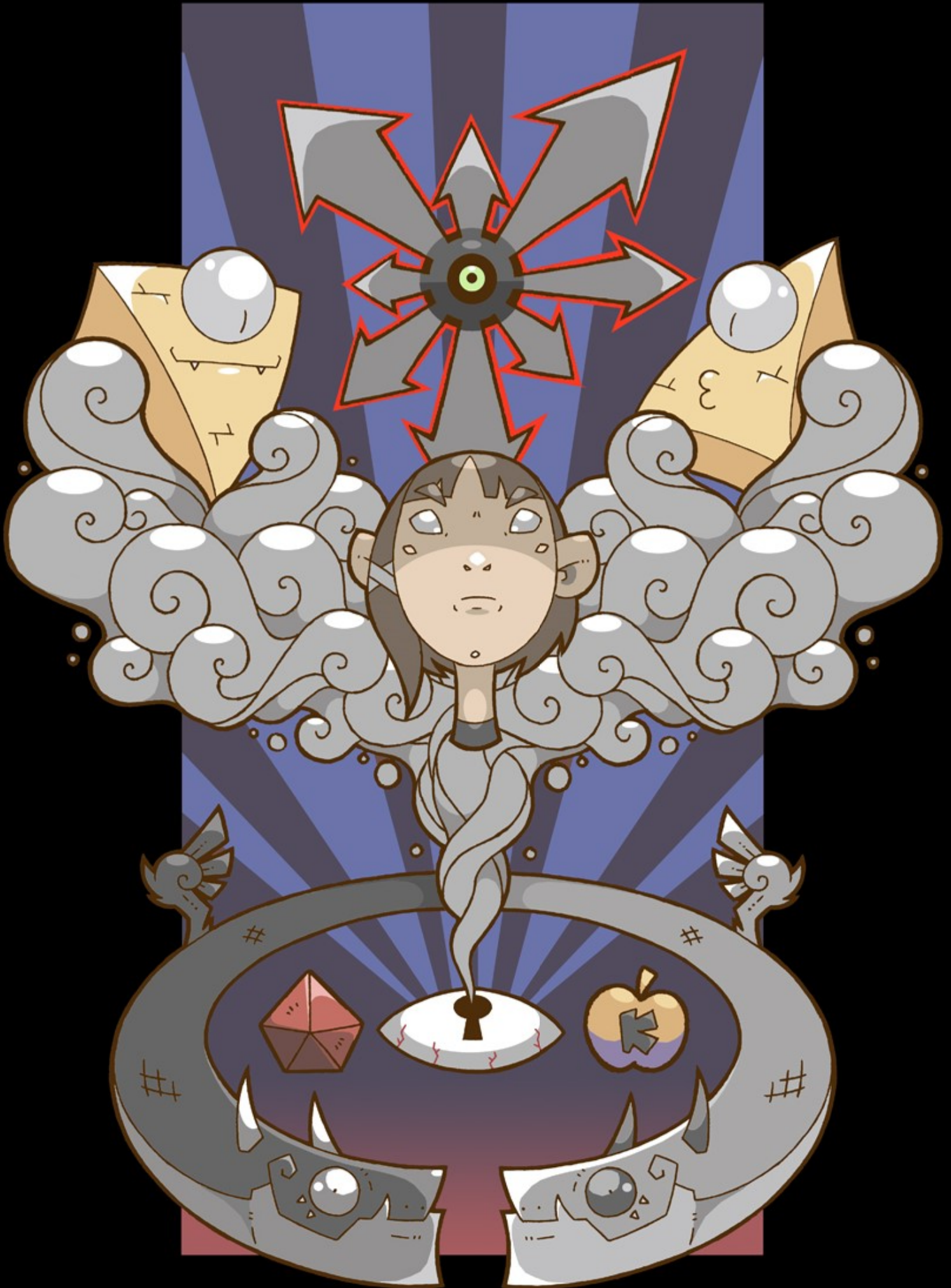


HACKING THESE CIRCUITS (OR COMBOS OF CIRCUITS) IS THE KEY TO MAGIC. FOR EXAMPLE, WHEN YOU OPENED YOUR THIRD EYE YOU ACTIVATED THE MP (METAPROGRAMMING) CIRCUIT. MOREOVER, THE MP CIRCUIT COULD BE TRANSLATED AS THE BN (BINAH) SEPHIROTH OR THE AN (AJNA) CHAKRA BY WAY OF THIS NIFTY CHART IF YOU PLAN ON USING THOSE SYSTEMS.

NOW THAT YOU UNDERSTAND HOW THE ENGINE WORKS LET'S TAKE THIS BITCH FOR A SPIN. NEXT UP: SPIRITS (EGREGORES, GUIDES, COMPANIONS, ANGELS/DEMONS AND GODFORMS).

THE PSYCHONAUT FIELD MANUAL

CHAPTER 2



ARCH-TRAITOR BLUEFLUKE